

DOMESTIC VIOLENCE MONITORING PROGRAM

The **Moral Reconciliation Therapy** (MRT) program that Sentinel utilizes in cognitive-based therapy programs is one of the nation's leading anti-recidivism mechanisms. MRT attempts to change how offenders make decisions and judgments by raising their moral reasoning abilities.

In 1985, a formal MRT program was developed by industry experts and was one of the first comprehensive, systematic attempts to treat substance-abusing offenders from a purely cognitive behavioral perspective. Moral Reconciliation Therapy is an objective, treatment system designed to enhance ego and social, moral, and positive behavioral growth in a progressive, step-by-step fashion.

Each course has twelve to sixteen steps, depending on the treatment population, and systematically focuses on seven basic treatment issues:

- + Confrontation of beliefs, attitudes and behaviors;
- + Assessment of current relationships;
- + Reinforcement of positive behavior and habits;
- + Positive identity formation including enhancement of self-concept;
- + Decrease in hedonism, and;
- + Development of frustration tolerance and development of higher stages of moral reasoning.



Moral Reconciliation Therapy (MRT) is a systematic treatment strategy that seeks to decrease recidivism among juvenile and adult criminal offenders by increasing moral reasoning.

Some of the more utilized program courses are listed below:

- + Substance Abuse
- + Parenting and Family Values
- + Employment Preparation
- + Driving-Related Offenses
- + Cognitive and Life Skills
- + Responsible Living
- + Sex Offender-Related Offenses
- + Domestic Violence-Related Offenses

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